

Aquaknights Swim Team 2024

Swim Team Board Members:

- Colleen Smith, President
- Joyce Cooper, Meet Manager
- Steve O'Shaughnessy, Treasurer
- Jenn Gramiccioni, Data Manager
- Mary Fran Litner, KoC Liaison
- Jessica Burshtynskyy, Head Coach
- Mason Stoops, Assistant Coach

Swim Team Groupings & Evaluations:

Team representatives and/or coaches will be available for swimmer evaluations if you are unsure in which group your swimmer(s) belong. Swim evaluations will be conducted June 29th and 30, 6-8pm. Evaluations are also available during Time Trials on June 8th. Please sign up for a time slot using the [Swim Evaluations Sign Up](#).

Swim Team: Experienced swimmers. Swimmers do not need to know all 4 strokes but should be able to swim front stroke across the length of the pool without assistance. Swimmers must be 18 or younger on May 31, 2024. Practices are 5 days a week with meets on Saturday mornings. **Each swimmer must be a pool member or part of a family pool membership.**

MiniKnights: Swimmers are comfortable with putting their face in the water for at least 5 seconds, they may be able to blow bubbles and do a doggie paddle-like stroke. Swimmers in this program are generally 4-8 years old. Practice will be Monday through Thursday at 9:15-10am. Swimmers are encouraged to participate in our **Mini-Meet Sunday July 14, 2024. All swimmers interested in joining MiniKnights will need to be evaluated 5/29, 5/30, or 6/8.** [Swim Evaluations Sign Up](#).

Volunteers: Our team runs on volunteer power. We expect that all families will volunteer at a minimum of **three** swim team events. There are plenty of opportunities to volunteer throughout the season, sign ups will be through TeamSnap. Some volunteer positions require training, such as: Stroke & Turn Judge, Starter/Referee, Team Rep, and Data Manager. There is a \$50 discount on Team Fees for trained officials that fulfill this role in at least 3 meets. If you'd like more information on getting trained for those positions, please contact our Meet Manager, Joyce Cooper at grover735@verizon.net

Registration: All registrations must be completed electronically using this [Registration Form](#). The same form is being used to collect registration for both Swim Team (AquaKnights) and MiniKnights. All swimmers may request an evaluation if you are unsure of placement, Aquaknights or Mini-Knights. [Evaluations Sign Up](#).

Swim Team Fees: When calculating your fees, "Swimmers" includes members of both swim team and MiniKnights from the same pool membership. All fees will be accepted in person only. Payments can be made by check, credit card, or cash.

1 Swimmer: \$100

4 Swimmers: \$250

2 Swimmers: \$160

5 Swimmers: \$280

3 Swimmers: \$210

6+ Swimmers: \$300

\$50 discount for families that have at least one adult that is willing to work at least 2 meets as a stroke and turn judge and/or starter.

Payments are due no later than Saturday June 8th. If payment is not received prior to June 8th, your swimmer(s) will be deleted from the registration log and will need to re-register if space is available. All payments will be accepted In person only and can be in the form of cash, check, or credit card. Payments will be accepted on the day of parent meeting Tuesday May 28th at 5:30pm or at Time Trials, June 8th. In cases of refund requests, a \$5 refund fee will be assessed if the original payment was made by credit card in order to cover service charges.

Schedule: Swimmers are encouraged to practice as often as possible. For the beginning of the season, we are limited to evening practices only, starting June 17th we will have both morning and afternoon practices available for swimmers.

Evening Practices (M-F, 5/28-7/19): 8 & Under 6-6:30pm, 9-12yo 6:30-7:10, 13&Up 7:10-7:55

Morning Practices (M-F, 6/17-7/19): 11&Up 8:30-9:30 am, 10&Under 9:30-10:30am

MiniKnights (M-Th, 6/17-7/12): 9:30-10:15 am

Important Dates:

- May 28th:5:30pm Parent Meeting/In-person payment / First day of evening practice 6-8pm
- May 29th & 30th: Swimmer evaluations ([please sign up for a time slot](#))
- June 8: Time Trials
- June 8: Swimmer evaluations ([please sign up for a time slot](#))
- June 14: Morning practice schedule starts, evening practices still available
- June 15: Meet 1
- June 22: Meet 2
- June 30: Meet
- July 6: Meet 4
- July 13: Meet 5
- July 19: End of season celebration
- July 20: Divisional Meet
- July 27: All-Star Meet (by invitation based on time requirements for each event)